

# WEEKLY BULLETIN

Sterling Public Schools



April 25-May 2, 2015

Saturday  
April 25

MUDECAS HS Track Meet @ Pawnee City - 9AM - Bus leaves @ 7:17AM  
\*Schedule on back  
Middle School Dance 7-10PM in the cafeteria

Sunday  
April 26

Sertoma Banquet @ Holiday Inn Express - Beatrice - 6PM

Monday  
April 27

**Breakfast:** Breakfast Bar OR WG Cereal/WG Muffin, Fruit/Juice, Milk  
**Lunch:** Ham Patty, Peas, Tator Gems and/or Swt. Tator Gems, Applesauce  
Spanish Fiesta 8AM-12:30PM (Grades 9-12)  
HS Spring Concert (Large Groups) - 7PM  
**TRACK PRACTICE** after school

Tuesday  
April 28

**Breakfast:** Scrambled Eggs, WG Toast OR WG Cereal/WG Toast, Fruit/Juice, Milk  
**Lunch:** Spaghetti, Green Beans, WG Garlic Bread, Peaches  
**RSH - none**  
\*DIBELS Testing K-6 grades\*  
Pawnee City Track Invite - 3PM - Bus leaves @ 1:13PM \*Schedule on back

Wednesday  
April 29

**Breakfast:** WG Cereal, WG Toast, Fruit/Juice, Milk  
**Lunch:** Cook's Choice Soup, Romaine Lettuce Salad, Breadsticks, Pears  
**RSH - none**  
\*DIBELS Testing K-6 grades\*  
Lewiston JH Track Invite - 9:30AM - Bus leaves @ 8:05AM \*Schedule on back  
**TRACK PRACTICE** after school

Thursday  
April 30

**Breakfast:** French Toast Sticks OR WG Cereal/WG Muffin, Fruit/Juice, Milk  
**Lunch:** Submarines, Corn, Gelatin, Mandarin Oranges  
\*DIBELS Testing K-6 grades\*  
HS Spring Concert (Small Groups) - 7PM  
**TRACK PRACTICE** after school

Friday  
May 1

**Breakfast:** Omelet/WG Toast OR Egg Taco OR WG Cereal/WG Toast, Fruit/Juice, Milk  
**Lunch:** Hot Dog on WG Bun, FF and/or Swt. FF, Baked Beans, Mixed Fruit  
FFA Spring Banquet - 6:30PM  
**TRACK PRACTICE** after school

Saturday  
May 2

HS Pioneer Conference Track @ Auburn - 9AM - Bus leaves @ 7:02AM

\* *USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER*

☞ The Sterling Booster Club is currently raising funds for new bleachers in the gym! Donations are being accepted to go towards the \$20,000 goal. More info located on the school website and our Facebook page. Thanks for your support!!!

☞ Looking for a fun after school activity for your child? Consider signing up for a 4-H Afterschool Workshop hosted by the University of Nebraska Extension. Check out the school website for more information or pick up registration forms at school.

☞ Stay up to date with all things JET related by going to the school website [www.sterlingjets.org](http://www.sterlingjets.org) or our Facebook page!!!

☞ If you need anything added to the weekly bulletin, contact Renae Kinney - [rkinney@sterlingpublicschools.com](mailto:rkinney@sterlingpublicschools.com)



# MUDECAS HS Track @ Pawnee City

## Schedule of Events

**Saturday, April 25, 2015**

FIELD EVENTS - 9AM

RUNNING EVENTS - 11AM

*All Events B Division followed by A Division*

Girls 3200 Meter Relay - Finals

Boys 3200 Meter Relay - Finals

**BREAK – If needed to finish Field Events**

Girls 100 Meter Hurdles - Prelims

Boys 110 Meter Hurdles - Prelims

Girls 100 Meter Dash - Prelims

Boys 100 Meter Dash - Prelims

Girls 400 Meter Dash - Finals

Boys 400 Meter Dash - Finals

Girls 3200 Meter Run - Finals

Boys 3200 Meter Run - Finals

Girls 200 Meter Dash - Prelims

Boys 200 Meter Dash - Prelims

**BREAK - 10-20min**

Girls 100 Meter Hurdles - Finals

Boys 110 Meter Hurdles - Finals

Girls 100 Meter Dash - Finals

Boys 100 Meter Dash - Finals

Girls 800 Meter Run - Finals

Boys 800 Meter Run - Finals

Girls 300 Meter Low Hurdles - Finals

Boys 300 Meter Int. Hurdles - Finals

Girls 200 Meter Dash - Finals

Boys 200 Meter Dash - Finals

Girls 1600 Meter Run - Finals

Boys 1600 Meter Run - Finals

Girls 400 Meter Relay - Finals

Boys 400 Meter Relay - Finals

Girls 1600 Meter Relay - Finals

Boys 1600 Meter Relay - Finals

**Sterling:  
Class B  
Team**

	1 <sup>st</sup> Session	2 <sup>nd</sup> Session	
Shot Put	Boys B	Boys A	(South Pad)
Shot Put	Girls B	Girls A	(North Pad)
Discus	Boys A	Boys B	(East Pad)
Discus	Girls A	Girls B	(West Pad)

	1 <sup>st</sup> Session		2 <sup>nd</sup> Session	
	South Pit/Runway	North Pit/Runway	South Pit/Runway	North Pit/Runway
Long Jump	Boys A	Boys B	Girls A	Girls B
Triple Jump	Girls A	Girls B	Boys A	Boys B
	1st Session	2nd Session	3rd Session	4th Session
High Jump	Boys A	Boys B	Girls A	Girls B
Pole Vault	Girls B	Girls A	Boys B	Boys A

## PAWNEE CITY Track Invite Schedule of Events

**Tuesday, April 28, 2015**

FIELD EVENTS - 3PM

**Series I**

Boys Discus

Girls Discus

Boys Long Jump

Girls Triple Jump

Girls High Jump

Boys Pole Vault

**Series II**

Boys Shot Put

Girls Shot Put

Girls Long Jump

Boys Triple Jump

Boys High Jump

Girls Pole Vault

**RUNNING EVENTS -(APPROXIMATE)**

**4:30PM**

3200 Meter Relay

100/110 Meter Hurdles

100 Meter Dash

400 Meter Dash

3200 Meter Run

200 Meter Dash

**--BREAK--**

100/110 Meter Hurdles

100 Meter Dash

800 Meter Run

300 Meter Hurdles

200 Meter Dash

1600 Meter Run

400 Meter Relay

1600 Meter Relay

Finals

Prelims

Prelims

Finals

Finals

Prelims

Finals

Finals

Finals

Finals

Finals

Finals

Finals

Finals

## LEWISTON JH Track Invite Schedule of Events

**Wednesday, April 29, 2015**

FIELD EVENTS - 9:30AM

**Flight 1 (4 attempts only)**

Boys Discus

Girls Discus

Boys High Jump

Girls Long Jump

Boys Triple Jump

**Flight 2 (4 attempts only)**

Boys Shot Put

Girls Shot Put

Girls High Jump

Boys Long Jump

Girls Triple Jump

**RUNNING EVENTS - 12PM**

**-NO FINALS**

Girls/Boys 800 Meter Relay

Girls/Boys 1600 Meter Run

Girls/Boys 100/110 Meter Hurdles

Girls/Boys 100 Meter Dash

Girls/Boys 400 Meter Dash

Girls/Boys 300 Meter Hurdles

**BREAK – TIME TBD**

Girls/Boys 200 Meter Dash

Girls/Boys 800 Meter Run

Girls/Boys 400 Meter Relay

Girls/Boys 1600 Meter Relay

Spanish students are you interested in traveling to Costa Rica? We will be planning a trip for late May 2016.

Please bring your parent(s) for an informational meeting on **Sunday, April 26th @ 6:30PM** in the Spanish room.

Please contact Mrs. Salberg to RSVP for the meeting or request information if you are unable to attend. Call at

**402-866-476 ext. 116** or email

**msalberg@sterlingpublicschools.com**

Letters were sent home with students with more information as well.

## Alumni Banquet

### Advanced

Registration Forms can be found on the school website:

[www.sterlingjets.org](http://www.sterlingjets.org)